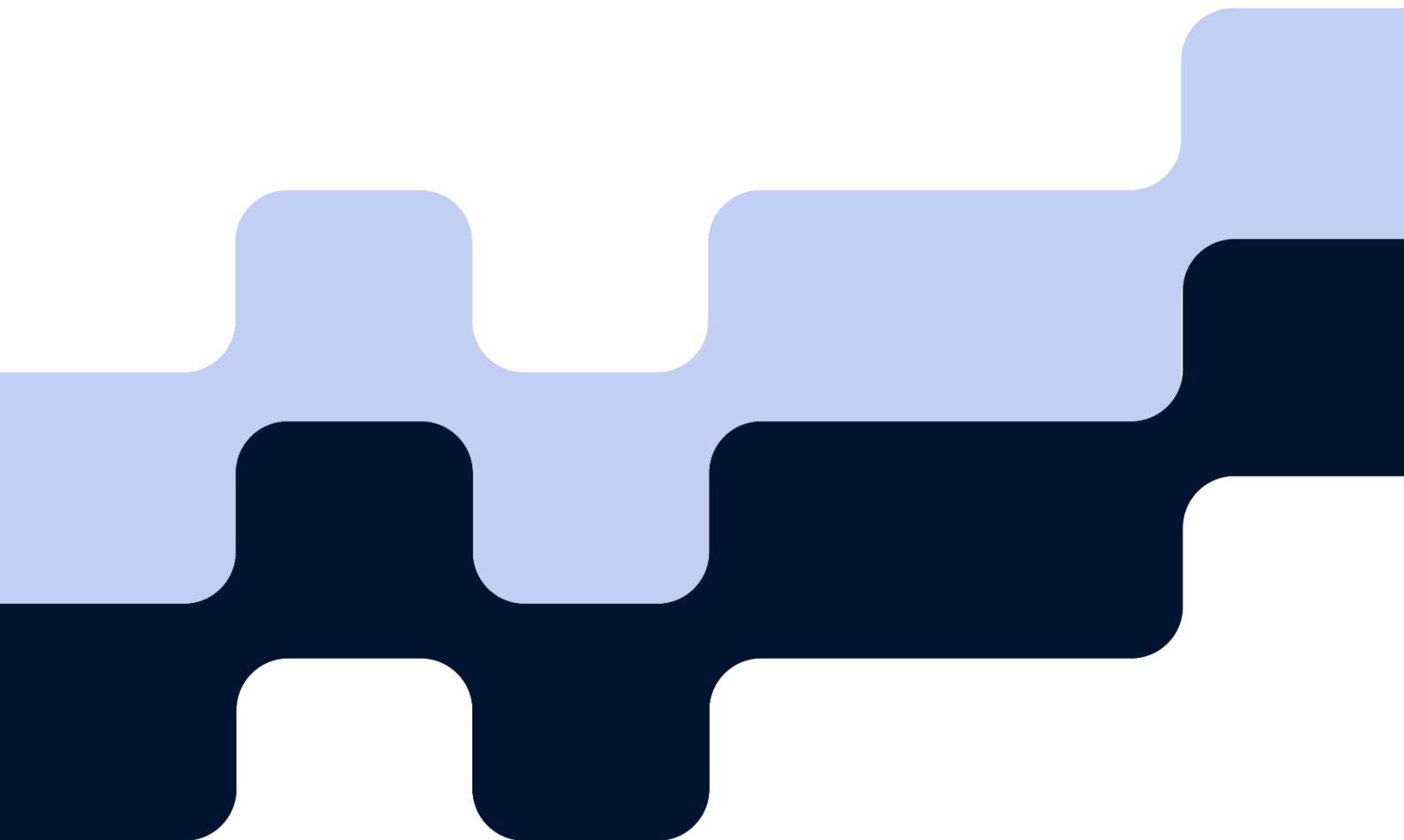


SERVICE NEWS

UNITY ARENA



MEN'S EHF EURO 2026
DENMARK • SWEDEN • NORWAY
15 JANUARY–1 FEBRUARY

WELCOME TO UNITY ARENA & MEN'S EHF EURO 2026!

Dear Ticket Holder,

A warm welcome to MEN'S EHF EURO 2026 at Unity Arena. In this newsletter, you will find practical information about the event.

TICKETS

Tickets are valid for all matches on the relevant day(s). Tickets will be scanned at the entrances, so please remember to bring valid tickets. You can find your tickets on the Eventim app, in your email, or by logging into your account on Eventim.no. We recommend having the ticket ready on your phone or as a print out.

If you've purchased tickets valid for multiple days, make sure to keep your ticket safe or print it out again.

Eventim's ticket office is located next to entrance 3.

ENTRANCES

Your designated entrance is indicated on your ticket. Use this entrance for the shortest and easiest route to your seat inside the arena. Please note entrance 19 will not be in use. Use entrances 10 and 13 instead. Please follow the signage by the arena. If you have a ticket for our lounges or VIP areas, use entrance 5. If you leave the arena and wish to return later the same day, remember to get a stamp at the door. You will need both the stamp and a valid ticket to re-enter.

SECURITY

All visitors must pass a security check at the entrances. Please read the [event regulations](#), including the list of prohibited items. Compressed air horns are not allowed. Only flags or other national symbols of the teams participating in the championship are permitted.

OPENING HOURS

The doors open to the public 1.5 hours before the start of the first match.

MATCH SCHEDULE

January 15: 6:00 PM France – Czechia	8:30 PM Norway – Ukraine
January 16: 6:00 PM Slovenia – Montenegro	8:30 PM Faroe Isl. – Switzerl.
January 17: 6:00 PM Ukraine – France	8:30 PM Czechia – Norway
January 18: 6:00 PM Montenegro – Faroe Isl.	8:30 PM Switzerland – Slovenia
January 19: 6:00 PM Czechia – Ukraine	8:30 PM France – Norway
January 20: 6:00 PM Montenegro – Switzerland	8:30 PM Slovenia – Faroe Isl.

[View the full match schedule here.](#)

ARENA OFFERS

EURO 2026 at Unity Arena offers more than just handball matches.

The FanZone features booths and fun activities from our partners throughout the championship. You can find the FanZone right behind the east side stands (sectors 101-103/201-203). It is open from the moment the hall opens until after the break of the last match of the day.

Refreshments are available in the FanZone, in kiosks, and in the refreshment area behind the north stand (sectors 104-107/204-207). This area also features food trucks offering various types of food.

QR codes are displayed at several locations throughout the arena. By scanning these, you'll get more practical information about the arena, seating sections, toilets, kiosks, food services, and more.

Arrive early to make sure you get a good experience before the match starts!

TRANSPORT

Unity Arena is located at Fornebu in Bærum, about 10 minutes outside Oslo city center, by the beautiful Oslo Fjord. We recommend traveling by public transport, as parking spaces are limited. If you're driving from outside the area, consider using commuter parking and continuing to Fornebu by public transport.

The bus stop closest to the arena is Telenor Fornebu, served by routes 24, 28, 31, 31E, 31X, 81, 145, and 270.

Ruter will provide extra buses running continuously from Jernbanetorget in Oslo city center to Unity Arena (routes 31E, 31X, and 31). The buses depart from Platform A at Jernbanetorget (at the intersection of Karl Johans Gate and Strandgata). Allow extra time during rush hour.

Taking the train or bus to Lysaker station is also a good alternative. Lysaker is a hub with about a 20-minute walk to Unity Arena. There's a chance that the buses coming from Oslo will be full when they arrive at Lysaker, so you may have to wait for a while. We recommend walking from Lysaker to Unity Arena

if you can. Signs will guide you.

NB: On Saturday, January 17, all train traffic around Oslo will be suspended – you will need to take a bus from Oslo city center. We recommend taking the bus to Fornebu or getting off at the Oksenøyveien stop along E18.

Message from VY: Bane NOR will be working on Oslo S from Saturday, January 17 at 6:00 AM until Sunday, January 18 at 4:00 AM. Oslo S-Skøyen, Oslo S-Bryn, Oslo S-Lillestrøm (Romeriksporten), Oslo S-Holmlia, Oslo S-Ski (Follobanen), and Oslo S-Grefsen will be closed. We will provide buses instead of trains and refer you to Ruter's service. You can find more information about schedules and stops in the Vy app or on vy.no about a month before the work begins.

[Stay updated on VY's traffic messages via this link.](#)

[More transportation information can be found on our championship pages via this link](#) (in Norwegian).

SUSTAINABILITY

Pure Promise – our sustainability concept

During EURO 2026, sustainability is a key focus through *Pure Promise*, a shared concept for Denmark, Norway, and Sweden. Water symbolizes the sustainability efforts of the championship and connects the host countries through nature, ecosystems, and access to clean drinking water. The mascot Splash represents both the flow of handball and the need to protect the planet's most vital resource. Pure Promise will be visible in the arena, including through a dedicated stand in the FanZone, activities, and simple messages designed to inspire small choices with a large collective impact. Read more at <https://purepromisehandball.com/>.

MEASURING EMISSIONS

We work systematically to reduce the championship's environmental footprint, make responsible choices, and be transparent about what we achieve and where we can improve. During the championship, we measure emissions related to transport, energy, accommodation, material use, waste, and catering. This data is used afterward to evaluate initiatives and improve future events.

REUSE

In the FanZone, you'll find a reuse stand. Here you can drop off clean, undamaged clothing you no longer use, and you're also welcome to take a garment with you.

WASTE AND DEPOSIT RETURN

There is a short distance from Unity Arena to nature, and we aim to reduce the amount of waste and increase the level of sorting. We encourage everyone to use the designated waste stations in the arena and sort their waste into the correct fractions. Through our collaboration with *Hold Norge Rent*, the collected deposit contributes to efforts against littering and to a cleaner Oslo Fjord.

TRANSPORT

We encourage spectators to use public transport to and from the arena. Transport is one of the largest sources of emissions at major events, and your choices make a difference.

SMALL CHOICES – BIG IMPACT

The environmental measures during the European Championship are a collaboration between the organizers, partners, and the audience. When many people each contribute a little, it creates real impact.

Thank you for helping to reduce emissions during the MEN'S EHF EURO 2026!

We look forward to creating a handball celebration with you and thousands of other spectators. Welcome to MEN'S EHF EURO 2026 at Unity Arena and enjoy the event!